

The Remo C. Bertugli Memorial Essay

You may have heard the quote from Booker T. Washington “If you want to lift yourself up, lift up someone else.” I love this quote because I believe positivity inspires positivity. Doing something for others doesn't just make you feel good, it will inspire others to do the same. That can make a huge difference.

One of the biggest things that has impacted my life is helping children. I have been an assistant dance teacher at my dance studio for many years. As a child many people helped me. They have helped me gain more confidence and start believing in myself more. I will never forget these people and the impact they have made in my life. So as my life went on and I've gotten older and more mature, I pay the inspiration forward. I absolutely love helping and training children at my dance studio, but also encouraging them to try new things, helping them gain more confidence, and helping them to believe in themselves. Just like the people who have helped me as a young child. All those people who have helped me as a young child have helped me become who I am today. I hope that I am doing the same thing to others as people did to me.

I hope that the life that I am leading will make a difference in other people's lives, and I hope the people who I'm helping will say the same thing about me. I just remember that what I do for others doesn't just make me feel good, but it will inspire others to do the same.